

MA, 18 NOV	DI, 19 NOV	WO, 20 NOV	DO, 21 NOV	VR, 22 NOV	ZA, 23 NOV	ZO, 24 NOV
<p>17:30 - 18:30 <b>UBOUND®</b> Group Classes Studio   Jims Gent Overpoort</p>	<p>18:00 - 19:15 <b>Kundalini Yoga</b> Body &amp; Mind Cube   Greta De Maertelaere</p>	<p>18:00 - 19:00 <b>Burn</b> Group Classes Studio   Leslie Page</p>	<p>17:00 - 18:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>18:00 - 19:00 <b>Les Mills Bodyattack™</b> Group Classes Studio   Astrid Massé</p>	<p>09:30 - 10:45 <b>Kundalini Yoga</b> Body &amp; Mind Cube   Greta De Maertelaere</p>	<p>10:00 - 11:00 <b>Les Mills Bodycombat™</b> Group Classes Studio   Astrid Massé</p>
<p>18:00 - 19:00 <b>Healthy Back (SGT)</b> Body &amp; Mind Cube   Mauro Jacobs</p>	<p>18:00 - 19:00 <b>STRONG Nation®</b> Group Classes Studio   Astrid Massé</p>	<p>18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>18:00 - 19:00 <b>Les Mills Bodycombat™</b> Group Classes Studio   Astrid Massé</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b>   Astrid Massé</p>	<p>09:30 - 10:45 <b>Yoga</b> Body &amp; Mind Cube   Greta De Maertelaere</p>	<p>11:00 - 12:00 <b>Hatha Yoga</b> Body &amp; Mind Cube   André Galle</p>
<p>18:30 - 19:30 <b>Kick</b> Group Classes Studio   Akbulak Berkay</p>	<p>18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Mauro Jacobs</p>	<p>19:00 - 20:00 <b>Power Pilates Cube (BE)</b> Body &amp; Mind Cube   Leslie Page</p>	<p>18:00 - 19:00 <b>Men's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>		<p>11:00 - 12:00 <b>UBOUND®</b> Group Classes Studio   Jims Gent Overpoort</p>	
<p>19:00 - 20:00 <b>Pilates Cube</b> Body &amp; Mind Cube   Hongrui Cui</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Astrid Massé</p>	<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Ryan Tytgat</p>	<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Mauro Jacobs</p>			
<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Mauro Jacobs</p>	<p>20:00 - 21:00 <b>Men's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>19:30 - 20:30 <b>Kick</b> Fitness Floor   Akbulak Berkay</p>	<p>19:30 - 20:30 <b>Vinyasa Yoga</b> Body &amp; Mind Cube   Simon Moeyaert</p>			
<p>20:00 - 21:00 <b>Power Yoga</b> Body &amp; Mind Cube   Hongrui Cui</p>			<p>20:30 - 21:00 <b>Spinefitter® Total Body</b> Body &amp; Mind Cube   Simon Moeyaert</p>			
<p>20:00 - 21:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>						
<p>20:30 - 21:30 <b>Les Mills Bodypump™</b> Group Classes Studio   An De Decker</p>						

MA, 25 NOV	DI, 26 NOV	WO, 27 NOV	DO, 28 NOV	VR, 29 NOV	ZA, 30 NOV	ZO, 01 DEC
<p>17:30 - 18:30 <b>UBOUND®</b> Group Classes Studio   Jims Gent Overpoort</p>	<p>18:00 - 19:15 <b>Kundalini Yoga</b> Body &amp; Mind Cube   Greta De Maertelaere</p>	<p>18:00 - 19:00 <b>Burn</b> Group Classes Studio   Leslie Page</p>	<p>17:00 - 18:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>18:00 - 19:00 <b>Les Mills Bodyattack™</b> Group Classes Studio   Astrid Massé</p>	<p>09:30 - 10:45 <b>Kundalini Yoga</b> Body &amp; Mind Cube   Greta De Maertelaere</p>	<p>10:00 - 11:00 <b>Les Mills Bodycombat™</b> Group Classes Studio   Astrid Massé</p>
<p>18:00 - 19:00 <b>Healthy Back (SGT)</b> Body &amp; Mind Cube   Mauro Jacobs</p>	<p>18:00 - 19:00 <b>STRONG Nation®</b> Group Classes Studio   Astrid Massé</p>	<p>18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>	<p>18:00 - 19:00 <b>Les Mills Bodycombat™</b> Group Classes Studio   Astrid Massé</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b>   Astrid Massé</p>	<p>09:30 - 10:45 <b>Yoga</b> Body &amp; Mind Cube   Greta De Maertelaere</p>	<p>11:00 - 12:00 <b>Hatha Yoga</b> Body &amp; Mind Cube   André Galle</p>
<p>18:30 - 19:30 <b>Kick</b> Group Classes Studio   Akbulak Berkay</p>	<p>18:00 - 19:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Mauro Jacobs</p>	<p>19:00 - 20:00 <b>Power Pilates Cube (BE)</b> Body &amp; Mind Cube   Leslie Page</p>	<p>18:00 - 19:00 <b>Men's Strength Training (SGT)</b> Fitness Floor   Ryan Tytgat</p>		<p>11:00 - 12:00 <b>UBOUND®</b> Group Classes Studio   Jims Gent Overpoort</p>	
<p>19:00 - 20:00 <b>Pilates Cube</b> Body &amp; Mind Cube   Hongrui Cui</p>	<p>19:00 - 20:00 <b>Healthy Back (SGT)</b> Body &amp; Mind Cube   Clara Maddens</p>	<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Ryan Tytgat</p>	<p>19:00 - 20:00 <b>Start To Workout (SGT)</b>   Mauro Jacobs</p>			
<p>19:00 - 20:00 <b>Start To Workout (SGT)</b> Fitness Floor   Mauro Jacobs</p>	<p>19:00 - 20:00 <b>Les Mills Bodypump™</b> Group Classes Studio   Astrid Massé</p>	<p>19:30 - 20:30 <b>Kick</b> Fitness Floor   Akbulak Berkay</p>	<p>19:30 - 20:30 <b>Vinyasa Yoga</b> Body &amp; Mind Cube   Simon Moeyaert</p>			
<p>20:00 - 21:00 <b>Power Yoga</b> Body &amp; Mind Cube   Hongrui Cui</p>	<p>20:00 - 21:00 <b>Men's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>		<p>20:30 - 21:00 <b>Spinefitter® Total Body</b> Body &amp; Mind Cube   Simon Moeyaert</p>			
<p>20:00 - 21:00 <b>Women's Strength Training (SGT)</b> Fitness Floor   Stephen Harrison</p>						
<p>20:30 - 21:30 <b>Les Mills Bodypump™</b> Group Classes Studio   An De Decker</p>						